

SCHOOL WELLNESS Luther College WHER OLLEGE

School Food

Safe Routes to School



IOWA STATE UNIVERSITY

Extension and Outreach

#### **FOOD SYSTEM**

Iowa State University Extension and Outreach

Community Planning

#### **ACTIVE LIVING**

Upper Explorerland Regional Planning Commission



#### Northeast Iowa Farm to School





Education

Teacher Workshops

Cross-Age Teaching

Field Trips/Producer Visits







Vision: Northeast Iowa Farm to School





Food Service

School Gardens









#### 1. Education = Pick a Better Snack



#### 1. Education = Cross-Age Teaching





#### 2. Teacher Education

Teachers from area schools participate in teacher wellness workshops.

# 3. Food Service Education Cooking skills - Using local food - Food safety



5<sup>th</sup> Season Ratatouille Workshop

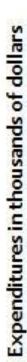
#### 4. School Gardens

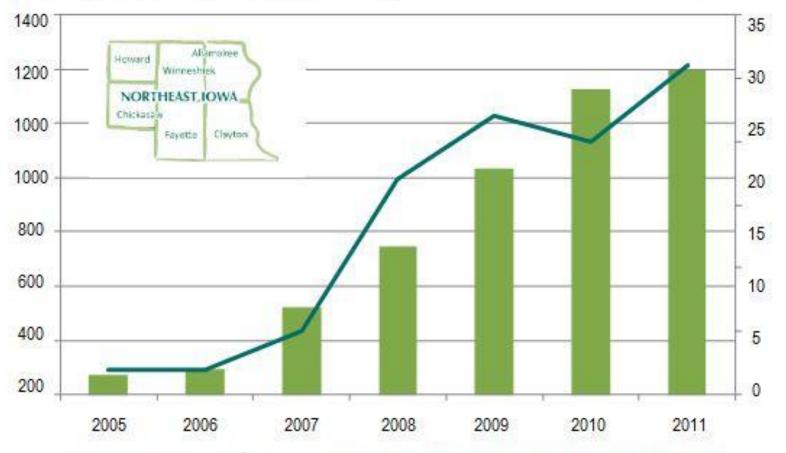


# Home Grown School Week features local food from farmers and school gardens



# IOWA STATE UNIVERSITY Extension and Outreach Healthy People, Environments, Economies.







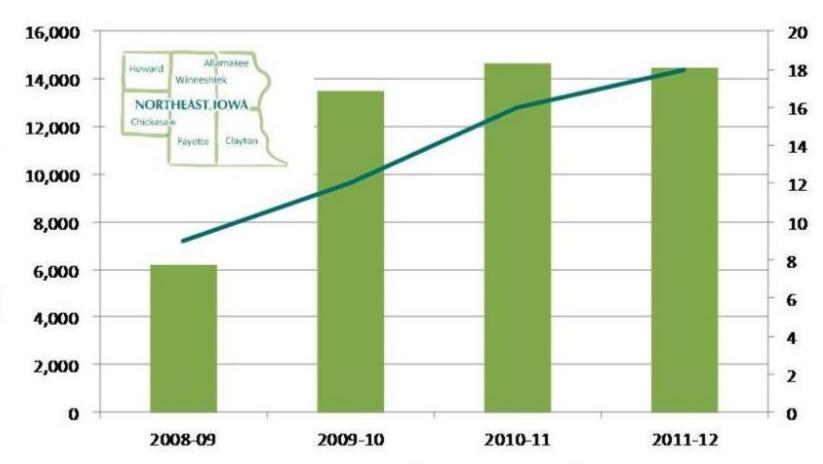
Northeast Iowa Food & Farm Coalition www.iowafreshfood.com

325 Washington Street • Decorah, IA 52101

Part of the NE lowa Food & Fitness Initiative : W.K. Kellogg Food & Community Partner

Number of institutions reporting

#### Locally-Grown Food Purchases by K-12 Schools in Northeast Iowa





Sales (dollars)

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### Healthy, Hunger Free Kids Act

- New meal standards
- New menus
- More local



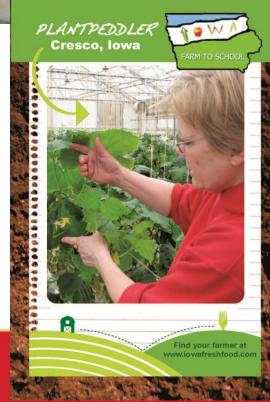
# Finding Farmers www.iowafreshfood.com





#### **Farmer Visits**





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Food Safety for Farmers Food Safety for Schools





# Food Aggregation Hub





# **Local Food System Faces**











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